



# HealthActions

## PHYSICAL THERAPY

### Patient Information / Subjective Information

Patient Name: _____ Mailing Address: _____ _____ City/State/Zip: _____ Home Phone: _____ Cell Phone: _____ SSN: _____ Sex: _____ Date of Birth: _____ Age: _____ <b>Email :</b> _____	Spouse/Parent Name: _____ Mailing Address: _____ _____ City/State/Zip: _____ Home Phone: _____ SSN: _____ Sex: _____ Date of Birth: _____ Age: _____ Spouse's Employer: _____ Job Title: _____ Job Phone: _____
Patient's Employer: _____ Job Title: _____ Job Phone: _____ Is your condition accident related? Auto <input type="checkbox"/> Work <input type="checkbox"/> Other _____ How did the accident happen? _____ _____ Date of Accident: _____ Date problem started: _____ # of work days missed: _____ Date of last Doctor's appointment: _____ <b>Date of next Doctor's appointment:</b> _____	In case of emergency call: _____ Emergency phone number: _____  <b>*** FOR WORKER'S COMP PATIENTS ONLY ***</b> Worker's Comp Carrier: _____ Address: _____ City/State/Zip: _____ Adjuster: _____ Adjuster's phone: _____ Claim # : _____ Referring Physician: _____ Case Manager: _____

**Primary Insurance Company:** \_\_\_\_\_ **Secondary:** \_\_\_\_\_

What do you want to achieve with therapy? (Your goal) \_\_\_\_\_

What type of problem has brought you to therapy? \_\_\_\_\_

When did the problem begin? (date) \_\_\_\_\_

Have you ever had this problem before?  Yes  No If yes, when? \_\_\_\_\_

What type of treatment did you receive? \_\_\_\_\_

Have you received Physical Therapy this year? \_\_\_\_\_ If Yes, # of visits \_\_\_\_\_ Location: \_\_\_\_\_

Have you received Home Health this year? \_\_\_\_\_ If Yes, # of visits \_\_\_\_\_ Location: \_\_\_\_\_

List the Physicians you have seen for this for problem: \_\_\_\_\_

Have you had any injections for your injury/condition? Yes  No  When? \_\_\_\_\_ Did it help? Yes  No

Have you had any surgery? Yes  No  Explain: \_\_\_\_\_

Have you had any hospital stays related to this problem?  Yes  No Explain: \_\_\_\_\_

Are you  employed  Unemployed  Retired  Disabled?

If disabled, as of when? \_\_\_\_\_ Have you received a settlement? Yes  No

Has your doctor diagnosed you with Type One or Type Two Diabetes? Yes  No

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_

**For Patients returning to HealthActions:** I have reviewed all of the above information and made any appropriate changes

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_



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PHYSICAL THERAPY

## Consent to Treat and Privacy Notification and Acknowledgement

Patient: \_\_\_\_\_ Date: \_\_\_\_\_ DOB: \_\_\_\_\_

PLEASE PRINT

### Consent to Treatment

Consent is hereby given for patient to receive treatment from HealthActions Physical Therapy and Wellness. I understand that risk may be associated with certain procedures, including but not limited to the risks associated with the use of the pool during aquatic therapy.

\_\_\_\_\_ Initial

I certify that the billing information I have provided is correct. I authorize my insurance carrier to pay all benefits I may be due directly to HealthActions Physical Therapy and Wellness. Authorization is hereby given to release any information that may be necessary to process my insurance claims.

\_\_\_\_\_ Initial

### Rights and Responsibilities

I can request a copy of my patient rights and responsibilities at any time.

\_\_\_\_\_ Initial

### Release of Medical Information

I authorize the following persons to have access to my medical information and treatment.

Spouse: \_\_\_\_\_

Family: \_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_ Initial

### Privacy Notice

I can request a cop of the privacy notice for HealthActions

I agree that during the course of treatment my case may be discussed during weekly professional staff meetings for quality of care purposes. I agree to notifications and appointment reminders at my home address and phone number or this alternate phone number: \_\_\_\_\_

\_\_\_\_\_ Initial

**I have read, initialed, and understand the content of this form.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

To be completed by HealthActions Physical Therapy and Wellness employee only if acknowledgement is refused.

After a good faith attempt to obtain this Acknowledgement, the patient or his/her representative refused or was unable to acknowledge receipt of our Privacy Notice for the following reason(s):

\_\_\_\_\_  
Signature of Employee

\_\_\_\_\_  
Date



## 24hr Cancellation/No show policy

The following are our policies regarding cancellations and no-shows. We take this subject seriously at the clinic because it can make the difference between whether you succeed in your treatment or not. Usually your referring doctor and/or your therapist have prescribed a set frequency of treatment. Showing up as scheduled for these visits is your most important job.

- There is a \$20 charge for a cancellation without proper notice. This charge will not be covered by insurance but will have to be paid by you personally. We require 24hrs notice in the event of a cancellation. It is your responsibility, when you call in, to have an alternative time in mind that will ensure you get the full prescribed number of treatments that week whenever possible.
- In the event of a no call/no show to your scheduled appointment, this will result in a \$50 charge and all future appointments removed from schedule. This charge must be paid in order to be placed back on schedule.
- For Worker's Compensation and Personal Injury patients' documentation of any missed appointments will be forwarded to your Case Manager and Primary Physician and this could jeopardize your claim.
- You may need to see a therapist other than the one who normally treats you if you rearrange your appointment. All our therapists are experienced professionals, and they will study your patient chart, so you will be in good hands. You will return to your original therapist on the next regularly scheduled visit.

When you don't show as scheduled, three people are hurt: You, because you don't get the treatment you need as prescribed by the doctor and/or PT; the therapist, who now has a space in their schedule since the time was reserved for you personally; and another patient, who could have been scheduled for treatment if you had given proper notice.

Please note: Multiple cancellations (more than 3) may prevent us from being able to schedule you and may result in the need to treat you on a work-in basis.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
HealthActions Employee

\_\_\_\_\_  
Date



# HealthActions

PHYSICAL THERAPY

## AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize and request:

\_\_\_\_\_  
Name of Facility/Hospital (Releasor)

\_\_\_\_\_  
Address

To release to: **HealthActions Physical Therapy and Wellness** (Releasee)

(circle your location)

JACKSON P: 251-246-5761 F: 251-246-3779	DOTHAN-EAST P: 334-500-1150 F: 334-828-7125	THOMASVILLE P: 334-636-1461 F: 334-636-1463	MONROEVILLE P: 251-575-1933 F: 251-575-2807	TROY P: 334-670-5435 F: 334-670-5234
DOTHAN-FLOWERS P: 334-758-8288 F: 334-758-6988	ORANGE BEACH P: 251-981-7778 F: 251-981-7773	DAPHNE P: 251-410-0620 F: 251-410-0621	ATMORE P: 251-491-0200 F: 251-491-0201	ENTERPRISE P: 334-828-7591 F: 334-828-7298

A copy of the medical records on the above-named patient pertaining to:

\_\_\_\_\_ Outpatient care, date \_\_\_\_\_

\_\_\_\_\_ Hospitalization, date(s) \_\_\_\_\_

I acknowledge that data to be released may include material that is protected by Federal Law such as mental, drug and/or alcohol, HIV information. My signature below authorizes release to same. I understand this authorization is valid for 90 days and may be revoked by me at any time.

\_\_\_\_\_  
Signature (Patient)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

Releasor, its agents and employees are hereby relieved of any responsibility or liability that may arise from the release or reproduction of such records and/or information.



Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height/Weight: \_\_\_\_\_

**Please fill in the blanks and check any box that applies to you.**

**Coronary Artery Disease Risk Factors:**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Male > 45 yrs of age   | <input type="checkbox"/> Obesity                   | <input type="checkbox"/> High Blood Pressure (>140/90 or on meds) | <input type="checkbox"/> Family Hx of Coronary Artery Disease (father/brother had a heart attack by age 55, mother/sister had a heart attack by age 65) |
| <input type="checkbox"/> Female > 55 yrs of age | <input type="checkbox"/> Sedentary lifestyle & job | <input type="checkbox"/> High cholesterol (>200mg/dl)             |   |
| <input type="checkbox"/> Diabetes Mellitus      | <input type="checkbox"/> Smoking                   |   |   |

**Major Signs/Symptoms:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Pain/discomfort in chest, neck, jaw or arms  | <input type="checkbox"/> Rapid or skipped heart beat  | <input type="checkbox"/> Orthopedic limitations (foot, back, neck, knee, hip, hand, wrist, shoulder problems, broken bones, limited range of motion in joints, arthritis, bursitis) |
| <input type="checkbox"/> Shortness of breath at rest or mild exertion | <input type="checkbox"/> UNUSUAL fatigue w/ USUAL activities  |   |
| <input type="checkbox"/> Dizziness, light-headed, or fainting         | <input type="checkbox"/> Orthopnea/Nocturnal Dyspnea (difficulty breathing at night or when lying down) | <input type="checkbox"/> Intermittent Claudication (Pain in calf with walking/activity)   |
| <input type="checkbox"/> Known heart murmur                           |   |   |
| <input type="checkbox"/> Ankle swelling                               |   |   |

**Cardiopulmonary/Metabolic Disease:**

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Heart Attack                           | <input type="checkbox"/> Angioplasty   | <input type="checkbox"/> Coronary Artery Bypass Grafting | <input type="checkbox"/> COPD (lung disease)         |
| <input type="checkbox"/> Diabetes Mellitus                      | <input type="checkbox"/> Stable Angina | <input type="checkbox"/> Congestive Heart Failure        | <input type="checkbox"/> Peripheral vascular disease |
| <input type="checkbox"/> Hospitalized within past 6 mos.? _____ |  |  | <input type="checkbox"/> Pacemaker                   |

**Other: Please check if currently or previously diagnosed with the following.**

- |   |   |
|---|---|
| <input type="checkbox"/> Phlebitis or emboli _____          | <input type="checkbox"/> Asthma _____                         |
| <input type="checkbox"/> Rheumatic fever _____              | <input type="checkbox"/> Emphysema _____                      |
| <input type="checkbox"/> Fibromyalgia _____                 | <input type="checkbox"/> Bronchitis _____                     |
| <input type="checkbox"/> Low Blood Pressure _____           | <input type="checkbox"/> Pneumonia _____                      |
| <input type="checkbox"/> Trouble Sleeping _____             | <input type="checkbox"/> ↑ anxiety or depression _____        |
| <input type="checkbox"/> Migraine/Recurrent Headaches _____ | <input type="checkbox"/> Emotional disorders _____            |
| <input type="checkbox"/> Epilepsy or Seizures _____         | <input type="checkbox"/> Ulcers _____                         |
| <input type="checkbox"/> Anemia _____                       | <input type="checkbox"/> Stomach or intestinal problems _____ |
| <input type="checkbox"/> Cancer _____                       | <input type="checkbox"/> Hepatitis _____                      |
| <input type="checkbox"/> Hernia _____                       | <input type="checkbox"/> eating disorder _____                |
| <input type="checkbox"/> Tuberculosis _____                 | <input type="checkbox"/> Osteoporosis: _____                  |
| <input type="checkbox"/> Allergies _____                    | <input type="checkbox"/> Other: _____                         |

**MEDICATIONS WITH DOSAGE**  
**(Include all Prescriptions/vitamins/herbs/over-the counter)**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you had any surgery?  Yes  No  
 What type of surgery did you have? \_\_\_\_\_

Have you had any hospital stays?  Yes  No  
 When? \_\_\_\_\_

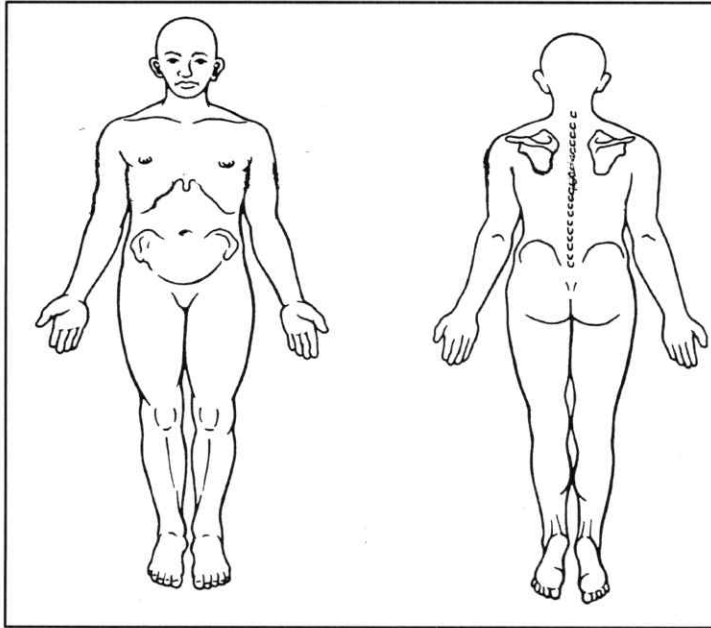
Signature: \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_  
 (if under 19)

Witness: \_\_\_\_\_ Date \_\_\_\_\_

# PAIN INFORMATION

Name: \_\_\_\_\_

Please mark the areas where you have pain, numbness, or tingling. *P = Pain N = Numbness T = Tingling*



Pain level today. Select #:

1 2 3 4 5 6 7 8 9 10

(least pain -----greatest pain)

What makes your pain less?

What makes your pain worse?

Is pain  better or  worse in the morning?

Is pain  better or  worse in the afternoon?

WHO is your employer? \_\_\_\_\_

WHAT is your job title/responsibility? \_\_\_\_\_

ARE you currently working?  Yes  No how much  Full Duty  Restricted Duty

Hours for typical work week? \_\_\_\_\_ How many TOTAL workdays have you missed? \_\_\_\_\_

What work duties/tasks have been stopped/limited by your injury/condition? \_\_\_\_\_

How did you hear about us? (Please Select one)

- 1. Doctor Referral
- 2. Website
- 3. Online Search
- 4. Radio
- 5. TV
- 6. Social Media (Facebook Twitter)
- 7. Newspaper
- 8. Mailer
- 9. Free Screen Card
- 10. Community Event
- 11. Family/Friend